



What to Bring For Week Long Overnight Camps

Please label all of your child's belongings with permanent marker!

- Comfortable/Appropriate clothes for each day
 - Pants/Jeans (1 pair)
 - Shoes (1 pair of closed toe)
 - Sandals or Water Shoes (no flip flops)
 - 2 Swim Suits (no string bikinis)
 - Socks & Undergarments
 - Shirts & Shorts for each day
- Rain Jacket or Poncho
- Hat or sunglasses
- Small Backpack (to carry belongings)
- Reusable Water Bottle
- 2 Towels (1 for swimming 1 for showering)
- Sleeping Bag
- Pillow
- Personal Toiletries Items including Sunscreen & Bug Spray (small size)
- Flashlight or Headlamp (extra batteries) (Headlight is required for Night Owl)
- Bible

For Night Owl Camp: Please bring anything you have that glows in the dark. This can include clothing, makeup, face paint or jewelry. Please do not bring spray paint or other craft supplies.

Optional Items: Sheets & Blanket, Book to read, Camera (CJK is not responsible for lost or damaged cameras) Paper, envelopes, stamps, pen/pencil for letters (please bring peel and stick envelopes due to humidity)

Please Do Not Bring: Portable DVD players, video games, **cell phones**, candy/snacks, money (all refreshments are provided- no drink or snack machines on site), fireworks, radio/tape/CD/MP3 players, pdas, laptops, laser pointers, pagers, expensive jewelry, pets, alcohol, tobacco products, illegal drugs, pocket knives or any other weapon.

If you have any questions please call our office (865-376-2236) or email us (admin@johnknoxcenter.org). Thank you.